



## Our Services

- Individual, Group, and Family Psychotherapy
- Psychiatry (Medication Support)
- Case Management, Advocacy & Parent Support
- Bilingual in English & Spanish

## Who We Serve

- Children & youth from birth to age 20
- Adults with history of trauma & substance use

## Eligibility

- Full scope Medi-Cal

**CONTACT US:**  
**Monday-Friday 9am-5:00pm**  
**Maria Vanegas**  
**213.483.6335**

Following are a few signs that may indicate a mental health evaluation will be useful:

- School refusal
- Worry
- Sadness
- Hyperactivity, fidgeting or inability to sit still
- Difficulty paying attention or concentrating
- Significant changes in sleeping and/or eating habits
- Threatens to harm or kill oneself
- Self-injury or self-destructive behavior
- Frequent outbursts of anger and aggression